



Around Town

Official Newsletter of the Royal Oak Jaycees



Upcoming Events

Apr 30 - May 2

MIJC Convention- 2nd Quarter

Location: Boyne

Ben Parr (248) 890-1742

Thurs, May 6 @ TBD

International Dinner

Seis de Mayo

Location: Mexican Village

Sean Kifer (734) 649-7261

Tues, May 11 @ 7:30 p.m.

Book Club

Three Cups of Tea by Greg Mortenson

Location: Caribou Coffee (401 S. Main)

Valerie Seeley (248) 376-2296

Sat-Sun, May 15-16 @ 10am - 10am.

Relay for Life

Location: TBD

Amy Vultaggio (248) 767-8499

Sat, May 15 @ 9:00 a.m.

Pitch, Hit & Run

Location: TBD

Julie Funke juliefunke@yahoo.com

Wed, May 19 @ 7:00 p.m.

Royal Oak Happy Hour

Location: Pronto's

Tameka Tatum (248) 635-0245

Thur, May 20 @ 7:00 p.m.

GMM

Location: Salter Center

Natalie Diamond (734) 395-1712

Fri-Sat, May 21-22

World Expo of Beer

Sign up online to volunteer

Location: Frankenmuth

Natalie (734) 395-1712

Fri - Sun, May 28 - 31

Spelunking

Location: Mammoth Caves, KY

Must commit by May 14

Rebecca Tamm (248) 890-0172

Wed - Sat, June 9-12

Charity Poker Tournament

Location: Fairlanes Bowling Alley

Madison Heights

Natalie (734) 395-1712

Presidential Ramblings



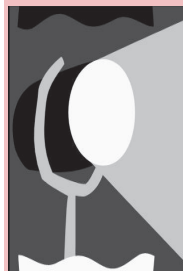
Fund raising season is upon us!

In this economy we need all hands on deck over the next few months to pull off a how slew of fund raising projects. Make sure you invite all of your friends out to the Green Crawl to raise money for our community garden. Help our Relay for Life team by collecting donations from your family and co-workers. Bring your loose change to the next GMM to raise money for Parkinson's Disease. Volunteer your time at WEB and at the poker fund raiser so our chapter can replenish our own operating funds and run capital intensive events such as the Chili Cook Off.

We keep our dues low and in return we ask that everyone helps pitch in with at least a couple of our fund raisers. Not only do they help the chapter and community, but they are quite fun as well. I'll see you all out there.

Ben Parr
2010 President
Royal Oak Jaycees

May Spotlight Project: Spelunking May 28-31



Take a road trip with the Jaycees this Memorial Day as we travel down to Kentucky to go spelunking in the beautiful Mammoth Caves. Don't be intimidated by the term "spelunking" - cave tours range from short easy walking trips to the true rock repelling. We will be camping at a nearby campground that include indoor bathrooms and showers. The group will return to Royal Oak Sunday night to accommodate any plans on Monday. Come join us... imagine the fun stories you will have on Tuesday to tell your co-workers.

About the Jaycees

The Royal Oak Jaycees are an organization which provides young people ages 21 to 40 the opportunity to develop personal and leadership skills through community service.

Upcoming Renewals:

May: (due April 15)
None

May: (due April 15)
Maurice Bobo
Ben Parr
Elizabeth Parr
Amy Vultaggio

Please renew membership one month prior to renewal date.
Initiation dues: \$75
Renewal dues: \$65

Penny Wars!

Attention all Jaycees:
Please remember to bring your pennies and spare change to the GMMs from May - August. All pennies will go toward our chapter total, all silver coins will be negative points toward another chapter. We've been challenged by the Rochester chapter and must step up to victory!

The money is going toward Parkinsons research.

As Tom Cruise said, "Show me the MONEY!"

Signs of Spring Joke

In Ohio, spring is always eagerly awaited after the long, cold winters. When I arrived at work one day in mid-March, I noticed a sign gaily decorated with flowers and butterflies. It read: "Think Spring." The first day of spring blew in with a snowstorm and freezing temperatures, however, and another flowery sign was posted. This time the message read: "Forget Spring. Think Summer." (Readers Digest)

April Jaycee of the Month! Mike Jackson!!

Since Mike first joined the Jaycees he has jumped head first into helping with many events ranging from the Green Bar Crawl to Chili Cook-Off. Thanks for all your hard work Mike. It is greatly appreciated. Congrats!



Happy Birthday to you...

May
Ben Parr
Elizabeth Parr
David Collado

Management Update

Hello Royal Oak Jaycees!

Our chapter is off to a great start this year. We have had many successful projects already and more scheduled. To help raise money for future projects, I am very excited to announce that we are hosting a poker fundraiser June 9th-June 12th. These fundraisers require very little planning and are easy to work. But we must have least three members present between 4p-2a. In return, the chapter makes a \$1000 OR MORE. Please remember to sign up for a shift in the upcoming month. Without your help, our chapter cannot plan and run projects. I am also planning on holding one or two additional tournaments later this year. Thanks and looking forward to the rest of the year.

Natalie Diamond - Management VP



Welcome to...

Nick Tebeau - ntebeau@gmail.com

Nick is a Clawson resident and is employed as an engineering manager. He heard about us through International VP Sean Kifer and Nick is interested in social events and business networking.

Dan Whetstine - dan.whetstine@gmail.com

Dan is a Ferndale resident and employed as a project manager. He is interested in community involvement, personal growth, sporting activities and environmental issues.

Liz Henderson

SPEAK UP!

The Jaycees Welcome Spring

As the temperatures finally start to rise above 50 degrees, it's time to come out of hibernation and enjoy the spring. To help you get active and ready to appreciate the season, some of the Board of Directors shared their advice on fun spring activities:

Natalie: enjoying the extra daytime by exercising outside

Eric: I find that joining fitness site like Dailymile.com helps motivate you to workout because you can track your progress. Plus its fun when your friends are on it; if your the competitive type.

Julie: yogic breathing is a way to mitigate stress! Here's a good article that explains how to do it - it's amazing how just deep breaths can help calm the body & mind.

<http://www.yogajournal.com/basics/1468>

Elizabeth: On sunny days I try to spend at least half hour out side enjoying the sunshine and on rainy days I find a fun indoor activity. This helps me keep mentally happy

Amy: My staying fit tip is to get active by doing house work and yard work!

Valerie: Spring is a great time to clean out your closets and donate any old clothes to charity.

MEMBERSHIP SPECIAL
\$50 MEMBERSHIP FEE IF YOU
JOIN DURING APRIL AND MAY.
TELL ALL YOUR FRIENDS!



Have questions or interested in joining? Learn more at RoyalOakJaycees.org. Contact us at royaloakjaycees@yahoo.com or P.O. Box 1603 Royal Oak, MI 48068-1603 (248) 677-1319

Want to contribute to Around Town? Please submit articles/jokes/recipes to Valerie at seeley.valerie@gmail.com. Deadline for submission is by the third Monday of the month.

2010 Board of Directors

8th President- Ben Parr
Membership VP – Danielle Clinton
Community VP – Julie Funke
Individual Dev VP- Elizabeth Parr
Management VP – Natalie Diamond
International VP - Sean Kifer
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